

Cominar Real Estate Investment Trust **Announces February 2020 Monthly Distribution**

Québec City, February 19, 2020 - Cominar Real Estate Investment Trust ("Cominar" or the "REIT") (TSX: CUF.UN) announced today a distribution of 6.00 cents per unit to unitholders of record as at February 28, 2020, payable on March 16, 2020.

PROFILE AS AT FEBRUARY 19, 2020

Cominar is one of the largest diversified real estate investment trusts in Canada and is the largest commercial property owner in the Province of Québec. Our portfolio consists of 317 high-quality office, retail and industrial properties, totalling 35.9 million square feet located in the Montreal, Québec City and Ottawa areas. Cominar's primary objective is to maximize total return to unitholders by way of tax-efficient distributions and maximizing the unit value through the proactive management of our portfolio.

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