

Cominar Real Estate Investment Trust Announces December 2018 Monthly Distribution

Quebec City, December 4, 2018 — Cominar Real Estate Investment Trust (“Cominar” or the “REIT”) (TSX: CUF.UN) announced today a distribution of 6.00 cents per unit to unitholders of record as at December 14, 2018, payable on December 31, 2018.

PROFILE AS AT DECEMBER 4, 2018

Cominar is the second largest diversified real estate investment trust in Canada and is the largest commercial property owner in the Province of Québec. The REIT owns a real estate portfolio of 429 properties in three different market segments, that is, office properties, retail properties and industrial and flex properties. Cominar's portfolio totals 38.2 million square feet located in the Montreal, Québec City and Ottawa areas. Cominar's primary objectives are to maximize unit value through the proactive management of its properties.

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