

Cominar Real Estate Investment Trust to Announce its Fourth Quarter and Year-end 2018 Results on March 7, 2019

Québec City, January 11, 2019 — Cominar Real Estate Investment Trust (“Cominar” or the “REIT”) (**TSX: CUF.UN**) announced today that it will release its financial results for the fourth quarter and year ended December 31, 2018 on **Thursday, March 7, 2019**.

Management will also hold a conference call on the same day at 11:00 a.m. (EST) to discuss the REIT's financial results and performance. Presentation materials will be made available on the REIT's website at www.cominar.com prior to the call.

To take part in the conference call, please dial **1 888 390-0546** in five minutes prior to the start of the call.

For those unable to participate, a recorded version of the conference will be available from Thursday, March 7, 2019 at 2:00 p.m. to Thursday, March 14, 2019 at 11:59 p.m. by dialing **1 888 390-0541** followed by the code **957382 #**.

PROFILE AS AT JANUARY 11, 2019

Cominar is the second largest diversified real estate investment trust in Canada and is the largest commercial property owner in the Province of Québec. The REIT owns a real estate portfolio of 428 properties in three different market segments, that is, office properties, retail properties and industrial and mixed-use properties. Cominar's portfolio totals 38.1 million square feet located in the Montreal, Québec City and Ottawa areas. Cominar's primary objectives are to maximize unit value through the proactive management of its properties.

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