

## **Cominar Real Estate Investment Trust Announces December 2019 Monthly Distribution**

**Quebec City, December 4, 2019 — Cominar Real Estate Investment Trust (“Cominar” or the “REIT”) (TSX: CUF.UN) announced today a distribution of 6.00 cents per unit to unitholders of record as at December 16, 2019, payable on December 31, 2019.**

### **PROFILE AS AT DECEMBER 4, 2019**

Cominar is one of the largest diversified real estate investment trusts in Canada and is the largest commercial property owner in the Province of Québec. Our portfolio consists of 329 high-quality office, retail and industrial properties, totalling 36.4 million square feet located in the Montreal, Québec City and Ottawa areas. Cominar’s primary objective is to maximize total return to unitholders by way of tax-efficient distributions and maximizing the unit value through the proactive management of our portfolio.

- 30 -

### **FOR INFORMATION:**

Sylvain Cossette, President and Chief Executive Officer  
Heather C. Kirk, Executive Vice-President and Chief Financial Officer  
Tel: (418) 681-8151  
[sylvain.cossette@cominar.com](mailto:sylvain.cossette@cominar.com)  
[heather.kirk@cominar.com](mailto:heather.kirk@cominar.com)