

Cominar Real Estate Investment Trust to Announce its Second Quarter Results and will update on the situation surrounding COVID-19 on August 7, 2020

Québec City, July 3, 2020 — Cominar Real Estate Investment Trust ("Cominar" or the "REIT") (TSX: CUF.UN) announced today that it will release its financial results for the second quarter ended June 30, 2020 and will update on the situation surrounding COVID-19 on Friday, August 7, 2020.

Management will also hold a conference call on the same day at 11:00 a.m. eastern time to discuss the REIT's financial results and performance. Presentation materials will be made available on the REIT's website at www.cominar.com prior to the call.

To take part in the conference call, please dial 1 888 390-0546 in five minutes prior to the start of the call.

For those unable to participate, a recorded version of the conference will be available from Friday, August 7, 2020 at 2:00 p.m. to Friday, August 14, 2020 at 11:59 p.m. by dialing **1 888 390-0541** followed by the code **455084** #.

PROFILE AS AT JULY 3, 2020

Cominar is one of the largest diversified real estate investment trusts in Canada and is the largest commercial property owner in the Province of Québec. Our portfolio consists of 315 high-quality office, retail and industrial properties, totalling 35.9 million square feet located in the Montreal, Québec City and Ottawa areas. Cominar's primary objective is to maximize total return to unitholders by way of tax-efficient distributions and maximizing the unit value through the proactive management of our portfolio.

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