

**Cominar Real Estate Investment Trust to Announce
its Third Quarter Results and will update on the situation
surrounding COVID-19 on November 4, 2020**

Québec City, October 8, 2020 – Cominar Real Estate Investment Trust (“Cominar” or the “REIT”) (TSX: **CUF.UN**) announced today that it will release its financial results for the third quarter ended September 30, 2020 and will update on the situation surrounding COVID-19 on **Wednesday, November 4, 2020**.

Management will also hold a conference call on the same day at 11:00 a.m. eastern time to discuss the REIT’s financial results and performance. Presentation materials will be made available on the REIT’s website at www.cominar.com prior to the call.

To take part in the conference call, please dial **1 888 390-0546** in five minutes prior to the start of the call.

For those unable to participate, a recorded version of the conference will be available from Wednesday, November 4, 2020 at 2:00 p.m. to Wednesday, November 11, 2020 at 11:59 p.m. by dialing **1 888 390-0541** followed by the code **356349 #**.

PROFILE AS AT OCTOBER 8, 2020

Cominar is one of the largest diversified real estate investment trusts in Canada and is the largest commercial property owner in the Province of Québec. Our portfolio consists of 314 high-quality office, retail and industrial properties, totalling 35.8 million square feet located in the Montreal, Québec City and Ottawa areas. Cominar’s primary objective is to maximize total return to unitholders by way of tax-efficient distributions and maximizing the unit value through the proactive management of our portfolio.

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