## Cominar Real Estate Investment Trust Announces October 2017 Monthly Distribution

Quebec City, October 16, 2017 — Cominar Real Estate Investment Trust ("Cominar" or the "REIT") (TSX: CUF.UN) announced today a distribution of 9.50 cents per unit to unitholders of record as at October 31, 2017, payable on November 15, 2017.

## PROFILE AS AT OCTOBER 16, 2017

Cominar is the third largest diversified real estate investment trust in Canada and currently remains the largest commercial property owner in the Province of Quebec. The REIT owns a real estate portfolio of 523 properties in three different market segments, that is, office properties, retail properties and industrial and mixed-use properties. Cominar's portfolio totals 44.1 million square feet spread out across Quebec, Ontario, the Atlantic Provinces and Western Canada. Cominar's objectives are to pay growing cash distributions to unitholders and to maximize unitholder value through proactive management and the expansion of its portfolio.

- 30 -

## FOR INFORMATION:

Michel Dallaire, Eng., Chief Executive Officer
Gilles Hamel, CPA, CA, Executive Vice-President and Chief Financial Officer
Tel: (418) 681-8151
michel.dallaire@cominar.com
gilles.hamel@cominar.com