



PRESS RELEASE
For Immediate Release

Cominar Real Estate Investment Trust to Announce its Third Quarter 2016 Results on November 3, 2016

Québec City, October 5, 2016 — Cominar Real Estate Investment Trust (“Cominar” or the “REIT”) (**TSX: CUF.UN**) announced today that it will release its financial results for the third quarter ended September 30, 2016 on **Thursday, November 3, 2016**.

Management will also hold a conference call on the same day at 11:00 a.m. (EST) to discuss the REIT's financial results and performance. Presentation materials will be made available on the REIT's website at www.cominar.com prior to the call.

To participate in the conference call, please dial **1 888 390-0546** in five minutes prior to the start of the call.

For those unable to participate, a recorded version of the conference will be available from Thursday, November 3, 2016 at 2:00 p.m. to Friday, November 18, 2016 at 11:59 p.m. by dialing **1 888 390-0541** followed by the code **330417 #**.

PROFILE AS AT OCTOBER 5, 2016

Cominar is the third largest diversified real estate investment trust in Canada and currently remains the largest commercial property owner in the Province of Quebec. The REIT owns a real estate portfolio of 538 properties in three different market segments, that is, office properties, retail properties and industrial and mixed-use properties. Cominar's portfolio totals 44.8 million square feet spread out across Quebec, Ontario, the Atlantic Provinces and Western Canada. Cominar's objectives are to pay growing cash distributions to unitholders and to maximize unitholder value through proactive management and the expansion of its portfolio.

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FOR INFORMATION:

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