



PRESS RELEASE
For Immediate Release

Cominar Real Estate Investment Trust Announces August 2016 Monthly Distribution

Quebec City, August 16, 2016 — Cominar Real Estate Investment Trust (“Cominar” or the “REIT”) (TSX: CUF.UN) announced today a distribution of 12.25 cents per unit to unitholders of record as at August 31, 2016, payable on September 15, 2016.

PROFILE AS AT AUGUST 16, 2016

Cominar is the third largest diversified real estate investment trust in Canada and currently remains the largest commercial property owner in the Province of Quebec. The REIT owns a real estate portfolio of 538 properties in three different market segments, that is, office properties, retail properties and industrial and mixed-use properties. Cominar’s portfolio totals 44.8 million square feet spread out across Quebec, Ontario, the Atlantic Provinces and Western Canada. Cominar’s objectives are to pay growing cash distributions to unitholders and to maximize unitholder value through proactive management and the expansion of its portfolio.

- 30 -

FOR INFORMATION:

Michel Dallaire, Eng., Chief Executive Officer
Gilles Hamel, CPA, CA, Executive Vice-President and Chief Financial Officer
Tel: (418) 681-8151
michel.dallaire@cominar.com
gilles.hamel@cominar.com