



PRESS RELEASE

For Immediate Release

Cominar Real Estate Investment Trust Announces October 2015 Monthly Distribution

Quebec City, October 16, 2015 — Cominar Real Estate Investment Trust (“Cominar” or the “REIT”) (TSX: CUF.UN) announced today a distribution of 12.25 cents per unit to unitholders of record as at October 30, 2015, payable on November 16, 2015.

PROFILE AS AT OCTOBER 16, 2015

Cominar is the third largest diversified real estate investment trust in Canada and currently remains the largest commercial property owner in the Province of Quebec. The REIT owns a real estate portfolio of 564 properties in three different market segments, that is, office properties, retail properties and industrial and mixed-use properties. Cominar’s portfolio totals 45.3 million square feet spread out across Quebec, Ontario, the Atlantic Provinces and Western Canada. Cominar’s objectives are to pay growing cash distributions to unitholders and to maximize unitholder value through proactive management and the expansion of its portfolio.

Cominar offers unitholders the opportunity to participate in its Unitholder Distribution Reinvestment Plan, which allows them to receive their monthly cash distributions as additional Cominar units. Participants will be entitled to receive an additional distribution equal to 3% of the distributions reinvested, which will be reinvested in additional units. For more information and to obtain a participation form, please visit Cominar’s website at www.cominar.com.

- 30 -

FOR INFORMATION:

Michel Dallaire, Eng., President and Chief Executive Officer
Gilles Hamel, CPA, CA, Executive Vice-President and Chief Financial Officer
Tel: (418) 681-8151
michel.dallaire@cominar.com
gilles.hamel@cominar.com