

Cominar Real Estate Investment Trust to Announce its Third Quarter 2014 Results on November 6, 2014

Québec City, October 20, 2014 — Cominar Real Estate Investment Trust ("Cominar" or the "REIT") (TSX: CUF.UN) announced today that it will release its financial results for the third quarter ended September 30, 2014 on Thursday, November 6, 2014.

Management will also hold a conference call on the same day at 11:00 a.m. (EST) to discuss the REIT's financial results and performance. Presentation materials will be made available on the REIT's website at www.cominar.com prior to the call.

To take part in the conference call, please dial 1 888-390-0605 in five minutes prior to the start of the call.

For those unable to participate, a recorded version of the conference will be available from Thursday, November 6, 2014 at 2:00 p.m. to Thursday, November 13, 2014 at 11:59 p.m. by dialing **1 888-390-0541** followed by the code **296640**.

PROFILE AS AT OCTOBER 20, 2014

Cominar is the third largest diversified real estate investment trust in Canada and currently remains the largest commercial property owner in the Province of Quebec. The REIT owns a real estate portfolio of 541 properties in three different market segments, that is, office properties, retail properties and industrial and mixed-use properties. Cominar's portfolio totals 45.2 million square feet spread out across Quebec, Ontario, the Atlantic Provinces and Western Canada. Cominar's objectives are to pay growing cash distributions to unitholders and to maximize unitholder value through proactive management and the expansion of its portfolio.

Cominar offers unitholders the opportunity to participate in its Unitholder Distribution Reinvestment Plan, which allows them to receive their monthly cash distributions as additional Cominar units. Participants will be entitled to receive an additional distribution equal to 5% of the distributions reinvested, which will be reinvested in additional units. For more information and to obtain a participation form, please visit Cominar's website at www.cominar.com.

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