



PRESS RELEASE

For Immediate Release

**Cominar Real Estate Investment Trust to Announce
its Third Quarter 2012 Results
on November 8, 2012**

Quebec City, October 11, 2012 — **Cominar Real Estate Investment Trust (“Cominar” or the “REIT”)** (TSX: CUF.UN) announced today that it will release its financial results for the third quarter ended September 30, 2012 on **Thursday, November 8, 2012**.

Management will also hold a conference call on the same day at 11:00 a.m. (EST) to discuss the REIT’s financial results and performance. Presentation materials will be made available on the REIT’s website at www.cominar.com prior to the call.

To take part in the conference call, please dial **1.888.231.8191** in five minutes prior to the start of the call.

For those unable to participate, a recorded version of the conference will be available from Thursday, November 8, 2012 at 2:00 p.m. to Thursday, November 15, 2012 at 11:59 p.m. by dialing 1.855.859.2056 followed by the code 35181496.

PROFILE AS AT OCTOBER 11, 2012

Cominar is the third largest diversified real estate investment trust in Canada and currently remains the largest commercial property owner in the Province of Québec. Cominar owns a real estate portfolio of 482 high-quality properties, consisting of 123 office, 158 retail and 201 industrial and mixed-use buildings that cover a total area of 35.0 million square feet in Québec, Ontario, the Atlantic Provinces and Western Canada. Cominar’s objectives are to pay growing cash distributions to unitholders and to maximize unitholder value by way of proactive management and the expansion of its portfolio.

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