



PRESS RELEASE

For Immediate Release

**Cominar Real Estate Investment Trust
Announces August 2012 Monthly Distribution**

Quebec City, August 20, 2012 — Cominar Real Estate Investment Trust (“Cominar” or the “REIT”) (TSX: CUF.UN) announced today a distribution of **12.0 cents per unit** to unitholders of record as at August 31, 2012, payable on **September 17, 2012**.

PROFILE AS AT AUGUST 20, 2012

Cominar Real Estate Investment Trust is the third largest diversified real estate investment trust in Canada and currently remains the largest commercial property owner in the Province of Québec. The REIT owns a real estate portfolio of 415 high-quality properties, consisting of 82 office, 158 retail and 175 industrial and mixed-use buildings that cover a total area of 30.7 million square feet in Québec, Ontario, the Atlantic Provinces and Western Canada. Cominar’s objectives are to pay growing cash distributions to unitholders and to maximise unitholder value by way of proactive management and the expansion of its portfolio.

Cominar has a dividend reinvestment plan for its unitholders that allows participants to reinvest their monthly distributions in additional Trust units. Participants receive an effective discount of 5% of distributions in the form of additional units. Information and enrolment forms are available at www.cominar.com.

- 30 -

FOR INFORMATION:

Michel Dallaire, Eng., President and Chief Executive Officer
Michel Berthelot, CPA, CA, Executive Vice-President and Chief Financial Officer
Tel: (418) 681-8151
mdallaire@cominar.com
mberthelot@cominar.com