



Press Release

For Immediate Release

Cominar Real Estate Investment Trust Announces February 2012 Monthly Distribution

TSX - CUF.UN

Quebec City, February 15, 2012 — Cominar Real Estate Investment Trust (“Cominar” or the “REIT”) (TSX: CUF.UN) announced today a distribution of 12.0 cents per unit to unitholders of record as at February 29, 2012, payable on March 15, 2012.

PROFILE as at February 15, 2012

Cominar is the largest commercial property owner in the Province of Québec. The REIT owns a real estate portfolio of 386 high-quality properties, consisting of 78 office, 140 retail, 167 industrial and mixed-use buildings and one multi-residential property that cover a total area of 30.4 million square feet in the Province of Québec, in the Province of Ontario, in the Atlantic Provinces and in the Western Canada. Cominar’s objectives are to deliver growing cash distributions to its unitholders and to maximize unitholder value through proactive management and the growth of its portfolio.

The REIT has a distribution reinvestment plan for its unitholders that allows participants to reinvest their monthly distributions in additional Trust units. Participants will be given the right to receive an effective discount of 5% of distributions to which they are entitled in the form of additional units. Additional information and enrolment forms are available at www.cominar.com.

- 30 -

For more information, please contact:

Michel Dallaire, Eng., President and Chief Executive Officer

Michel Berthelot, CA, Executive Vice President and Chief Financial Officer

Tel: (418) 681-8151

mdallaire@cominar.com

mberthelot@cominar.com