



PRESS RELEASE

NOT FOR DISTRIBUTION TO U.S. NEWS WIRE SERVICES OR DISSEMINATION IN THE U.S.

For Immediate Distribution

COMINAR ANNOUNCES \$75 MILLION ISSUE OF CONVERTIBLE DEBENTURES

Québec City, Québec, December 18, 2009 – Cominar Real Estate Investment Trust (“Cominar”) (TSX: CUF.UN) announces today that it has entered into an agreement to sell, on a bought deal basis, \$75,000,000 aggregate principal amount of convertible unsecured subordinated debentures of Cominar (the “Debentures”) to a syndicate of underwriters led by National Bank Financial Inc. and BMO Capital Markets. The proceeds from the sale of the Debentures will be used to pay down debt outstanding under current credit facilities, which was used to finance Cominar’s ongoing acquisition and development pipeline, and will be used to finance future acquisitions and developments. The Debentures will be offered in all provinces of Canada by way of a short-form prospectus.

The Debentures bear an interest rate of 5.75% per annum payable semi-annually in arrears on June 30 and December 31 in each year commencing on June 30, 2010, and will mature on June 30, 2017 (the “Maturity Date”). The Debentures will be convertible at the holder’s option into units of Cominar (the “Units”) at any time prior to the earlier of the Maturity Date and the date fixed for redemption at a conversion price of \$25.00 per Unit (the “Conversion Price”), being a ratio of approximately 40.000 Units per \$1,000 principal amount of Debentures. The Debentures will not be redeemable before June 30, 2013. On and after June 30, 2013 and prior to June 30, 2015, the Debentures may be redeemed in whole or in part from time to time at Cominar’s option provided that the volume weighted average trading price for the Units is not less than 125% of the Conversion Price. On and after June 30, 2015 and prior to the Maturity Date, the Debentures may be redeemed in whole or in part from time to time at Cominar’s option at a price equal to their principal amount plus accrued interest. Subject to regulatory approval, Cominar may satisfy its obligation to repay the principal amount of the Debentures on redemption or at maturity, in whole or in part, by delivering that number of Units equal to the amount due divided by 95% of the market price for the units at that time, plus accrued interest in cash.

Cominar has also granted the underwriters an over-allotment option to purchase an additional number of Debentures equal to 15% of the size of the offering. The over-allotment option may be exercised until 30 days following the closing of the offering.

The Debentures and the underlying Units have not been and will not be registered under the United States Securities Act of 1933 and accordingly will not be offered, sold or delivered, directly or indirectly within the United States, its possessions and other areas subject to its jurisdiction or to, or for the account or for the benefit of a U.S. person, except pursuant to applicable exemptions from the registration requirements. The offering is subject to normal regulatory approvals including approval of the Toronto Stock Exchange and is expected to close on or before January 12, 2010.

Portfolio as at December 18, 2009

Cominar is the largest commercial property owner and manager in the Province of Québec. Cominar owns a real estate portfolio of 215 high quality properties, consisting of 38 office, 38 retail and 139 industrial and mixed-use buildings that cover a total area of over 18.5 million square feet in the Greater Québec City, Montreal and Ottawa areas. Cominar's objectives are to deliver growing cash distributions to its unitholders and to maximize unitholder value through proactive management and the growth of its portfolio.

Forward-Looking Statements

This press release may contain forward-looking statements with respect to Cominar Real Estate Investment Trust and its operations, strategy, financial performance and condition. These statements generally can be identified by use of forward looking words such as "may", "will", "expect", "estimate", "anticipate", "intends", "believe" or "continue" or the negative thereof or similar variations. The actual results and performance of Cominar Real Estate Investment Trust could differ materially from those expressed or implied by such statements. Such statements are qualified in their entirety by the inherent risks and uncertainties surrounding future expectations. Some important factors that could cause actual results to differ materially from expectations include, among other things, general economic and market factors, competition, changes in government regulation and the factors described under "Risk Factors" in the annual information form of Cominar Real Estate Investment Trust. The cautionary statements qualify all forward-looking statements attributable to Cominar Real Estate Investment Trust and persons acting on its behalf. Unless otherwise stated, all forward-looking statements speak only as of the date of this press release and Cominar Real Estate Investment Trust has no obligation to update such statements.

- 30 -

For Further Information:

Mr. Michel Dallaire, P.Eng.

President and Chief Executive Officer, Cominar Real Estate Investment Trust

(418) 681-8151