

Press Release
For Immediate Release

**Cominar Real Estate Investment Trust
to Announce First Quarter Results
May 13, 2009**

TSX - CUF.UN

Quebec City, April 21, 2009 — Cominar Real Estate Investment Trust (“Cominar” or the “REIT”) announced today that it will release its 2009 first quarter results on Wednesday, May 13, 2009.

Management will also hold a conference call on the same day at 11:00 a.m. (ET) to discuss the REIT’s financial results and performance for the three months ended March 31, 2009. Presentation materials will be made available on our website at www.cominar.com prior to the call.

To take part in the conference call, please dial 1-800-595-8550. To ensure your participation, please dial in five minutes prior to the start of the call.

For those unable to participate, a taped re-broadcast will be available from Wednesday, May 13, at 1:00 p.m. to Wednesday, May 20, at 11:59 p.m. by dialing 1-877-289-8525, followed by the code 21304113#.

The event will be simultaneously webcast and archived for 90 days at www.cominar.com.

PROFILE as at April 21, 2009

Cominar is the largest commercial property owner in the Province of Quebec. The REIT owns a real estate portfolio of **215 high-quality properties, consisting of 38 office, 38 retail and 139 industrial and mixed-use buildings that cover a total area of over 18.5 million square feet in the Greater Quebec City, Montreal and Ottawa areas.** Cominar’s objectives are to deliver growing cash distributions to its unitholders and to maximize unitholder value through proactive management and the growth of its portfolio.

The REIT has a distribution reinvestment plan for its unitholders that allows participants to reinvest their monthly distributions in additional Trust units. Participants will be given the right to receive an effective discount of 5% of distributions to which they are entitled in the form of additional units. Additional information and enrolment forms are available at www.cominar.com.

- 30 -

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