

Press Release

For Immediate Release

Cominar Real Estate Investment Trust Announces February 2008 Monthly Distribution

TSX - CUF.UN

Quebec City, February 19, 2008 — Cominar Real Estate Investment Trust (“Cominar” or the “REIT”) announced today a distribution of 11.3 cents per unit to unitholders of record as at February 29, 2008, payable on March 14, 2008.

PROFILE as at February 19, 2008

Cominar is one of the largest commercial real estate property owners and managers in the province of Quebec. It owns a high quality portfolio of **208 properties in the Greater Montreal, Quebec City and Ottawa/Gatineau areas, consisting of 36 office, 38 retail, and 134 industrial and mixed-use buildings, totalling over 17.0 million square feet.** The REIT’s objectives are to deliver to its unitholders growing cash distributions and to maximize unitholder value through proactive management and the growth of its portfolio.

The REIT has a distribution reinvestment plan for its unitholders that allows participants to reinvest their monthly distributions in additional Trust units. Participants will be given the right to receive an **effective discount of 5% of distributions** to which they are entitled in the form of additional units. Additional information and enrolment forms are available at www.cominar.com.

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